

## INSTRUCTIONS FOR USE

### **CLEXANE (20, 40, 60, 80, 100 mg) and CLEXANE FORTE (120 and 150 mg) Enoxaparin sodium injection prefilled syringe with safety lock system**

Ensure you ask your doctor which brand of enoxaparin you have been trained on. These instructions relate to the Clexane brand of enoxaparin only.

Instructions on how to inject other brands of enoxaparin may differ.

If you have been prescribed a different brand please ensure your doctor or pharmacist has supplied you with the correct information for that brand.

This information supplements the CLEXANE Product Information.

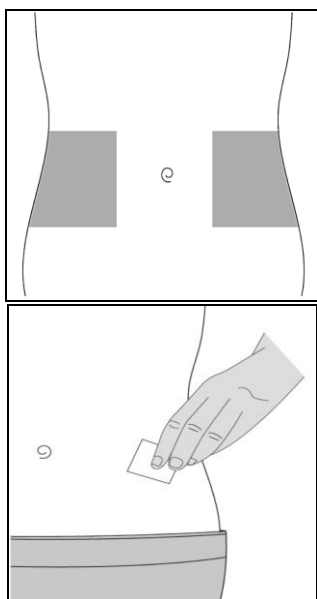
### **Subcutaneous injection technique**

In case of self-injection, your healthcare professional will show you how to administer your injections before you are released from hospital. It is essential that you follow these instructions exactly. If you have questions, be sure you ask your healthcare professional to provide the explanations you require.

Proper subcutaneous (under the skin) injection is essential to reduce pain and bruising at the injection site.

To avoid accidental needle sticks after injection, the prefilled syringes are fitted with a safety lock system.

### **Prepare the site for injection**



The recommended site for injection is into the fat of the lower abdomen. This should be at least 5 centimeters (2 inches) away from your belly button and out towards either side.

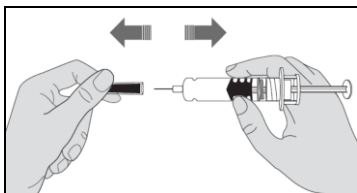
Prior to injection, wash your hands. Cleanse (do not rub) the selected site for injection. Select a different site of lower abdomen for each injection.

### Prepare the syringe before the injection

Check the expiry date on the label or carton. Do not use if the date has passed.

Check that the syringe is not damaged and the medicine in it is a clear solution without particles.

If the syringe is damaged or the medicine is not clear use another syringe.

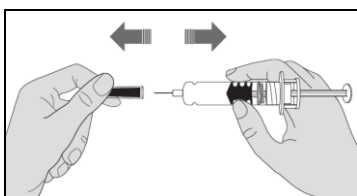


#### For CLEXANE 20 mg and 40 mg doses:

1. Take the protective cap off the needle.

A drop may appear at the tip of the needle. If this occurs, remove the drop before injection by tapping on the syringe, with the needle pointing down.

The prefilled syringe is ready to use. Do not expel any air from the syringe before administering the injection.

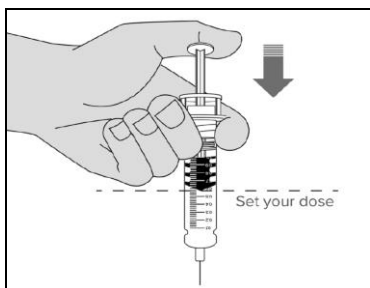


#### For CLEXANE 60 mg, 80 mg and 100 mg prefilled syringes and CLEXANE FORTE 120 mg and 150 mg prefilled syringes:

1. Take the protective cap off the needle.

Adjust the dose to be injected (if necessary):

The amount of medicine to be injected must be adjusted depending on the patient's body weight; therefore any excess medicine must be expelled before injection. Hold the syringe pointing down (to keep the air bubble in the syringe) and expel the excess medicine into an appropriate container.

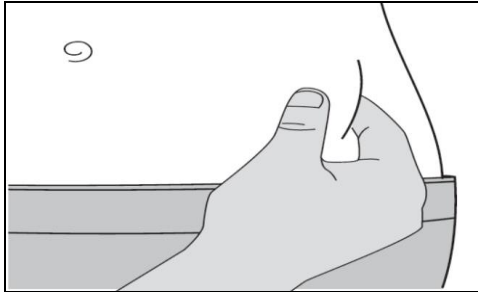


NOTE: If the excess medicine is not expelled before injection, the safety device will not be activated at the end of injection.

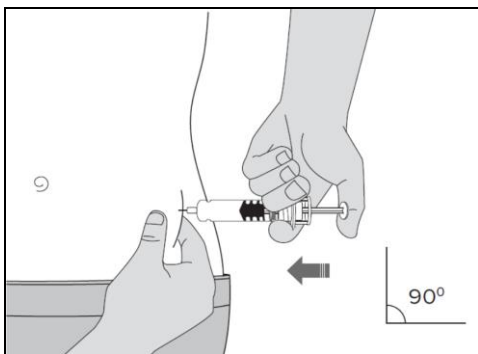
When there is no need to adjust the dose, the prefilled syringe is ready to use. Do not expel any air from the syringe before administering the injection.

A drop may appear at the tip of the needle. If this occurs, remove the drop before injection by tapping on the syringe, with the needle pointing down.

**Administer the injection (all prefilled syringes: 20, 40, 60, 80, 100, 120 and 150 mg)**



2. While lying down or sitting in a comfortable position grasp a skin fold between your thumb and index finger.



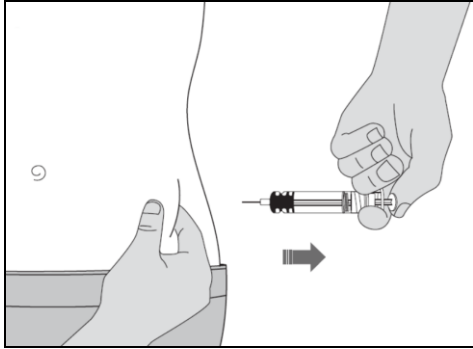
3. Hold the needle at a right angle to the skin fold and inject into the skin fold. This skin fold should be held throughout the injection. Complete the injection using all of the medicine in the syringe.



**PREVENTIS**  
syringe

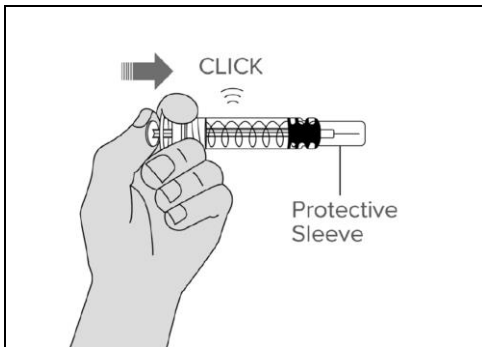
**ERIS**  
syringe

**NOTE:** There are two different types of Clexane prefilled syringes. Look at the images to the left and check if you have received the **PREVENTIS** or the **ERIS** syringe. There are several different doses of CLEXANE, so your syringes may look slightly different from the ones shown.



**For PREVENTIS prefilled syringe.**

4. Remove the syringe from the injection site keeping your thumb on the plunger.

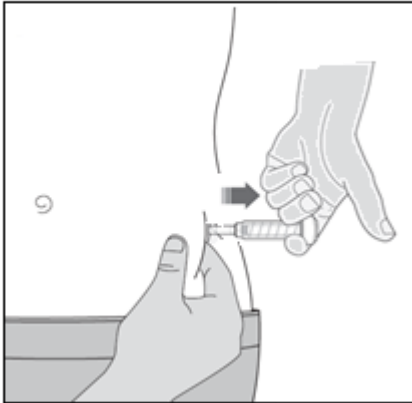


5. Orient the needle away from yourself and others, and activate the safety system by firmly pushing the plunger with the thumb. The protective sleeve will automatically cover the needle and an audible "click" will be heard to confirm shield activation.



6. Immediately dispose of the needle cap and syringe in the nearest sharps container.

**For ERIS prefilled syringe.**



4. Once the plunger is fully pressed down the safety device is activated automatically. This protects the used needle. Note: The plunger has to be pressed down all the way for the safety device to be activated. Remove the syringe from the injection site.



5. Immediately dispose of the needle cap and syringe in the nearest sharps container.

For other information contact your physician.