

# Ego Dermaid™ 1% cream

**Active ingredient(s):** *hydrocortisone*

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## Consumer Medicine Information (CMI)

This leaflet provides important information about using DermAid 1% cream. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using DermAid 1% cream.**

**Where to find information in this leaflet:**

- [1. Why am I using DermAid 1% cream?](#)
- [2. What should I know before I use DermAid 1% cream?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use DermAid 1% cream?](#)
- [5. What should I know while using DermAid 1% cream](#)
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## 1. Why am I using DermAid 1% cream?

**DermAid 1% cream contains the active ingredient hydrocortisone.** DermAid 1% cream is a cortisone and belongs to the group of medicines called corticosteroids.

DermAid 1% cream is a mild steroid used on the skin for temporary relief of redness, swelling, itching and discomfort of many skin problems such as:

- Dermatitis
- Eczema
- Psoriasis
- Rashes due to cosmetics and jewellery
- Itching genital and anal areas
- Sunburn
- Other types of dermatitis

Your doctor or pharmacist, however, may have recommended DermAid 1% cream for another purpose.

## **2. What should I know before I use DermAid 1% cream?**

### **Warnings**

#### **Do not use DermAid 1% cream if:**

- you are allergic to hydrocortisone or any of the ingredients listed at the end of this leaflet.

Always check the ingredients to make sure you can use this medicine.

- Do not use DermAid 1% cream in the eyes.

#### **Check with your doctor or pharmacist if you have:**

- A viral skin condition (such as cold sores, shingles or chicken pox)
- A fungal skin infection (such as thrush, tinea or ringworm)
- Or take any medicines for any other condition

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

## **Pregnancy and breastfeeding**

Check with your doctor or pharmacist if you are pregnant or intend to become pregnant.

Talk to your doctor or pharmacist if you are breastfeeding or intend to breastfeed.

DermAid 1% cream should not be applied to breasts before breastfeeding.

## **Use in children**

Do not use DermAid 1% cream on children under 2 years of age unless a doctor tells you too.

### **3. What if I am taking other medicines?**

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect DermAid 1% cream**

## 4. How do I use DermAid 1% cream?

### How much to use

- Apply a thin layer of DermAid 1% cream to your skin.
- Follow the instructions provided with the medicine.
- Do not exceed the recommended dosage.

### When to use DermAid 1% cream

DermAid 1% cream should be used 1 to 2 times a day, as required.

### If you use too much DermAid 1% cream

If you think that you have used too much DermAid 1% cream, wipe off any excess. If you use the cream more often than directed your skin problem may not improve any faster and you may cause or increase side effects.

### If you swallow DermAid 1% cream

DermAid 1% Cream should not be swallowed or taken internally. It is for use on the skin only.

If anyone accidentally swallows DermAid 1% cream **you should immediately:**

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor

**You should do this even if there are no signs of discomfort or poisoning.**

## **5. What should I know while using DermAid 1% cream**

### **Things you should do**

- Tell all doctors and pharmacists who are treating you that you are using DermAid 1% cream.
- If your condition persists for more than 7 days then discontinue use and see your doctor or pharmacist.

### **Things you should not do**

- Do not use DermAid 1% cream under occlusion (plastic film) unless specified by your doctor.
- Do not use DermAid 1% cream in or around the eyes. If DermAid 1% cream does get into your eyes, immediately rinse them with water and contact your doctor or pharmacists for advice.
- Do not give DermAid 1% cream to anyone else even if their symptoms seem similar to yours.

### **Looking after your medicine**

- Keep DermAid 1% cream in a dry place where the temperature stays below 25°C.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

**Keep it where young children cannot reach it.**

**When to discard your medicine (as relevant)**

**Discard DermAid 1% cream if your doctor tells you to stop using it, or the product has passed its expiry date.**

**Getting rid of any unwanted medicine**

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

## **6. Are there any side effects?**

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions.

## Less serious side effects

Less serious side effects	What to do
<p>After the application of DermAid 1% cream a slight stinging sensation may occasionally be noticed. This transient symptom is most likely to disappear after several applications.</p> <p><b>Skin:</b></p> <ul style="list-style-type: none"><li>• Burning</li><li>• Itching</li><li>• Dryness</li><li>• Redness</li><li>• Allergy</li><li>• Thinning of the skin</li></ul>	<p><b>Speak to your doctor or pharmacist if you have any of these less serious side effects and they worry you.</b></p>

## Serious side effects

Serious side effects	What to do
<p><b>Ocular:</b></p> <ul style="list-style-type: none"><li>• Blurred vision or other vision disturbances.</li></ul>	<p><b>Call your doctor straight away, if you notice this serious side effect.</b></p>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

## **Reporting side effects**

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

## **7. Product details**

This medicine is available over-the-counter without a doctor's prescription.

### **What [medicine name] contains**

<b>Active ingredient (main ingredient)</b>	<b>Hydrocortisone.</b>
<b>Other ingredients (inactive ingredients)</b>	Benzyl alcohol, cetomagrogol 1000, cetostearyl alcohol, cetyl alcohol, macrogol 400, propylene glycol, purified water, self-emulsifying glyceryl monostearate.

<b>Active ingredient (main ingredient)</b>	<b>Hydrocortisone.</b>
<b>Potential allergens</b>	Benzyl alcohol.

**Do not take this medicine if you are allergic to any of these ingredients.**

### **What DermAid 1% cream looks like**

DermAid 1% cream (AUST R 70706) is a semi glossy cream packed in a 30g tube.

### **Who distributes DermAid 1% cream**

Ego Pharmaceuticals Pty Ltd.

13-31 Malcolm Road, Braeside VIC 3195

Australia.

This leaflet was prepared in December 2025.